



How Maven can help you parent as a team

“It takes a village” is an understatement. It takes a family tree, hired help, and a few pinch-hitters to raise a child. We know not everyone has access to their own village, which is where Maven can step in as part of your team. Remember, you have free access to Maven parent coaches and mental health specialists.



Communicate openly (and often)

Don't expect your parenting team to read your mind—tell them. If it's important to you that your kid eats healthy snacks and plays outside instead of plopping in front of a TV, say so.

Find a balance

Every member of your team brings something to the table! Be clear about your values and boundaries, but stay open. Decide what is non-negotiable and when to bend a little.

When in doubt, seek help!

Butting heads with your partner or someone else on your parenting team? It is totally normal when raising little ones. Maven parenting coaches are here for you. Remember, their job isn't to tell you how to parent, it's to help you become the parent you want to be.

Be a true team

You share the goal of providing a nurturing environment for your kiddo. Try not to speak ill of each other, especially in front of your child. You're in this together and your child will benefit from seeing you act as a team.

What to do when you disagree

When you have trouble seeing eye to eye, try this statement: “My feeling on [issue] is [your desired approach] because [why it's important to you]. Would you be willing to share how you feel and why it's important to you?” This ensures that you're communicating clearly.

Join Maven for free today!

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